

# Susun Weed ~ 2024

www.susunweed.com

845-246-8081 PO Box 64 Woodstock NY 12498

Register for classes at [www.wisewomanbookshop.com](http://www.wisewomanbookshop.com)

**April 13-14:** *Work-exchange Weekend*

April 19: *Moonlodge*

April 20: **Woodland Wonders Hands-on:** Meet ramps, coptis, dwarf ginseng, bloodroot, hepatica, and more

April 21: **Spring Tonics Hands-on:** Make nettle soup and a wild salad; find brassicas, alliums, sweet birch

**May 7:** Shamanic Herbal **Apprentices**, Late Spring Group begins

May 11-12: *Work-exchange Weekend*

May 17: *Moonlodge*

May 18: **Herbal Pain Relief:** Ally with cannabis, skullcap, poppies, St. Joan's wort, arnica, sweet clover

May 19: **Your Herbal Garden Hands-on:** Best herbs to grow, best weeds to "cultivate," free herbs for you to plant

\* May 22-26: **Midwest Women's Herbal Conference** - in person - [www.midwestwomensherbal.com](http://www.midwestwomensherbal.com)

**June 8-9:** *Work-exchange Weekend*

June 14: *Moonlodge*

June 15: **Magical Plants Hands-on:** Visionary herbs, dream pillows, flying oils, love potions

June 16: **The Great Remedies Hands-on:** Identify, harvest, prepare and use the herbal remedies that top my list

June 25: Shamanic Herbal **Apprentices**, Summer Group begins

June 29-30: *Work-exchange Weekend*

**July 11-14:** **Green Witch Holiday**

July 12: *Moonlodge*

July 27-28: *Work-exchange Weekend*

**August 3-4:** *Work-exchange Weekend*

August 5-11: **Green Goddess Apprentice Week**

August 9: *Moonlodge*

August 13: Shamanic Herbal **Apprentices**, Late Summer Group begins

August 17-18: *Work-exchange Weekend*

August 23: *Moonlodge*

August 24: **Herbal First Aid Hands-on:** Stings, tick bites, cuts and scrapes, aches and pains, even allergies, are easily and effectively remedied with the aid of plantain, yarrow, calendula, *Hypericum*, and other green allies

August 25: **Adaptogens Hands-on:** Think better, live longer, feel great, adopt adaptogens

\* **September 5-8:** ZB's Goddess Festival in the Redwoods – in person – contact: [dreamweaver93@sbcglobal.net](mailto:dreamweaver93@sbcglobal.net)

September 14-15: *Work-exchange Weekend*

September 17: Shamanic Herbal **Apprentices**, Autumn Group begins

September 20: *Moonlodge*

September 21: **Mind-Bending Plants Hands-on:** Magic mushrooms, psychedelic mints, deadly nightshades

September 22: **Menopause 101 Hands-on:** Make a remedy to aid you and learn a lot to help you Change

**October 12-13:** *Work-exchange Weekend*

October 18: *Moonlodge*

October 19: **Winter Ready Hands-on:** Counter coughs, ward off colds and flu, protect yourself with green blessings

October 20: **Seeds & Roots Hands-on:** Harvest and enjoy amaranth, lamb's quarter, plantain, and other seeds; burdock, yellow dock, dandelion, chicory, and other roots

**Nov. 2-3:** *Work-exchange Weekend*

**Nov. 16-17:** *Work-exchange Weekend*

**Dec. 7-8:** *Work-exchange Weekend*

## Green Blessings!